

## Teaching Herb Garden Perennial Border Plant List

Common Name	Botanical Name	Notes
<b>Sun Loving Plants:</b>		
Alkanet, Large Blue	<i>Anchusa Italica</i>	edible flowers- dye plant, bees, & old time medicinal
Anemone, Japanese	<i>Anemone Japonica-huphensis</i> 'September Charm'	silvery- pink, autumn bloom period- Chinese medicinal herb
Aster, New England	<i>Aster novae angliae</i>	autumn bloom. pink or violet- butterfly plant- Native American medicinal herb
Beauty Berry	<i>Callicarpa Americana</i>	magenta/purple berries in autumn, old time medicinal & native American medicinal - ornamental
Bee-balm	<i>Monarda didyma</i>	(colors vary)- edible, tea, medicinal, hummingbird
Betony (aka Woundwort)	<i>Stachys officinalis</i>	pink and/or white, medicinal
Butterfly Bush	<i>Buddleia davidii</i> 'Black Knight '	summer, deep purple /black -fragrant, butterfly plant
Blue Oat Grass	<i>Helictotrichon sempervirens</i> 'Sapphire'	Dried flowers
Blue Star, Fringed	<i>Amsonia ciliata hubrichtii</i>	blue flowers- golden autumn foliage
Boltonia - 'Pink Beauty'	<i>B. asteroides</i>	autumn- butterfly plant
Burnet	<i>Sanguisorba menziesii</i> (variegated) 'Dali Marble'	ornamental
Campion, Rose	<i>Lychnis coronaria-(alba)</i>	leaves have been used as oil lamp wicks. The seeds are culinary & medicinal, used to stuff herbal pillows,
Catmint, Japanese	<i>Nepeta subsessilis</i>	pale blue/ violet- summer- butterfly & bee
Catmint	<i>Nepeta grandiflora</i> 'Dawn to Dusk'	Pink flowers- butterfly & bee
Catmint	<i>Nepeta mussinii</i>	very low growing, bee plant
Chives, white	<i>Allium schoenoprasum</i> 'Wallington White'	culinary
Circle Onion	<i>Allium senescens</i>	ornamental- good edging plant
Clary Sage	<i>Salvia sclarea</i>	medicinal
Cranesbill, Dusky	<i>Geranium phaeum</i> 'Mourning Widow'	aubergine flowers- medicinal
Chrysanthemum, Korean	<i>C. rubellum</i> 'Mary Stokes'	golden- apricot flowers, edible flower
Columbine	<i>Aquilegia spp.</i>	ornamental- hummingbirds
Daylily	<i>Hemerocallis</i> 'Fairy Tale Pink'	July -edible flower, butterfly
Delphinium		ornamental, butterfly, hummingbird- good cut flower - also dries well
Dianthus	<i>Dianthus</i>	black/ red (name?) fragrant- (edible flower)
Dianthus	<i>Dianthus</i> 'Little Boy Blue'	(edible flower)- very blue foliage
Dropwort	<i>Filipendula vulgaris</i> "Flore Pleno"	edible, medicinal, bee plant- fragrant
Euphorbia	<i>Euphorbia dulcis</i> Chameleon'	ornamental-burgundy tones in foliage
Fall Onion	<i>Allium thunbergii</i> 'Ozawa'	autumn- purple- ornamental
False Indigo	<i>Baptisia</i> 'Purple Smoke'	butterfly- dye & medicinal
Garden Phlox, Tall	<i>Phlox paniculata</i> 'David'	white flower- fragrant
Garden Phlox med.	<i>Phlox paniculata</i> - 'Franz Schubert'	lilac, fragrant
Golden Feverfew	<i>Tanacetum parthenium</i> 'Aureum'	medicinal/ ornamental
Golden Sage	<i>Salvia officinalis</i> 'Aurea'	culinary/ornamental
Iris- early short		aubergine flower (name?)
Golden Valerian	<i>Patrinia scabiosifolia</i>	fragrant
Keeled Garlic	<i>Allium pulchellum</i>	ornamental- purple flowers

Lady's mantle	<i>Alchemilla mollis</i>	arrangements.
Loostrife, Fringed Purple	<i>Lysimachia ciliata</i> 'Purpurea'	small yellow flowers- burgundy foliage-ornamental (keep in check)
Queen of the Prairie	<i>Filipendula rubra</i> 'Venusta'	pink-used by native Americans as a medicinal & love potion
Rose, Sweetbriar	<i>Rosa eglanteria</i> or <i>Rosa rubiginosa</i>	fragrant, edible
Rose, Red- leaved	<i>Rosa rubrifolia</i> or <i>Rosa glauca</i>	burgundy tipped,dusty green-blue foliage- single pink flowers- edible fruits- medicinal uses
Rose	<i>unknown?</i>	deep red flowers- very fragrant!
Rue	<i>Ruta graveolens</i>	medicinal
Russian sage	<i>Perovskia</i>	late summer, blue spikey flowers w/ silver foliage
Blue Meadow Sage	<i>Salvia superba</i> 'East Friesland'	butterfly
Sea Holly	<i>Eryngium alpinum</i>	good in fresh or dried arrangements (once used medicinally and as a food)
Sedum 'Autumn Joy'	<i>Sedum</i> 'Autumn Joy'	pink- butterfly
Sheffield Daisy	<i>Chrysanthemum rubellum</i> 'Mary Stoker'	(see Chrysanthemum)
Siberian Iris	<i>Iris sibirica</i> 'Caesar's Brother'	deep violet- butterfly
Tansy, Gold Leaf	<i>Tanacetum vulgare</i>	beneficial- dye plant- vermifuge
Thrift	<i>Armeria maritima</i> 'Bloodstone'	deep pink flowers-medicinal
White Rose Campion	<i>Lychnis coronaria</i> 'Alba'	white flowers-silver foliage
Yarrow	<i>Achillea millefolium roseum</i>	butterfly- rose flowers
<b>Part- Shade (behind Pergola):</b>		
Angelica, Korean	<i>Angelica gigas</i>	culinary (leaves)- white flower
Bleeding Hearts	<i>Dicentra eximia</i>	hummingbird
Comphrey 'Hidcote Blue'	<i>Symphytum grandiflorum</i>	ornamental- non- spreading- butterfly
Coral Bells	<i>Heuchera</i>	coral flowers- late spring into summer.
Culver's Root	<i>Veronicastrum virgicum</i>	old medicinal, pale pink- spikes- late blooming- August
Dalmatian Bellflower	<i>Campanula portenschlagiana</i>	blue/ violet flowers,- ground cover, edible parts
Forget- me-not	<i>Myosotis sylvatica</i>	blue, spring, self- sows- tea
Geranium striatum	<i>Geranium striatum</i>	pale pink flower- late spring- summer
Hosta		yellow leaves (name?) ornamental
Labrador Violet	<i>Viola Labradorica</i>	ornamental- black leaves violet flower, edible, tea
Mint, Curly	<i>Menthe spicata</i> 'Crispata'	fragrant- culinary & ornamental- (keep in check)
Painted Fern, Japanese	<i>Athyrium nipponicum</i> 'Pictum'	ornamental
Solomon's seal (variegated)	<i>Polygonum odortum</i>	variegated ornamental- fragrant- doctrine of signatures
Pulmonaria 'Roy Davison'	<i>Pulmonaria</i> 'Roy Davison'	blue flowers- old doctrine of signatures, medicinal. plant for pulmonary disease
Pulmonaria 'Sissinghurst White'	<i>Pulmonaria</i> 'Sissinghurst White'	white flowers
Spiderwort, Virginia	<i>Tradescentia virginiana</i>	non- invasive type- hybrid- pale blue flowers- Native American food & medicine also- doctrine of signatures - spider bite antidote
Spirea, False	<i>Astilbe</i>	various colors - Pink, red, white- cut flower
List compiled and researched by Susan Leigh Anthony for the New England Unit of the Herb Society of America 1/08		